

News Bulletin:

- Our new Rapid Flow Covid Testing Site
- Our new Communication and Interactions Unit at Thomas Estley
- TELA Teaching School Developments
- Meet Sally Allen, our new Trustee

This Term's Focus Area:

Building Wellbeing Together



Our new **Rapid Flow testing centre** at Thomas Estley has seen college staff trained and redeployed to carry out new roles, as an additional Covid-secure measure for college and preschool staff and secondary children returning to site. The testing centre, overseen by Student Health Administrator Kaylee Masters, currently carries out about 250 tests per week. The team are absolutely fantastic and great at putting their clients at ease!

Our Trust Teaching School, TELA, is one of all teaching schools nationally undergoing change. The Department for Education has decided to de-designate all teaching schools and instead to create large teaching school hubs – run by individual schools who will provide access and signposting to national accreditation and training pathways across a whole region. Much provision will still remain at a local level and we have been working closely with the two locally designated hub schools who have both chosen us to be one of their strategic partners– great news for TELA!

Our Trust falls into the area covered by the Leicester and Leicestershire Teaching School Hub, based at Rushey Mead Academy and covering South Leicestershire and Leicester City. We work closely with Rushey Mead Teaching School already around Initial Teacher Training and NPQ provision in particular, and are looking forward to continuing our alliance to the benefit of our TELA schools.

North Leicestershire, which includes several of our TELA alliance partner schools, will be covered by the Leicestershire and Rutland Teaching School Hub, based at Christ the King Catholic Academy.



Meet our new Trustee, Sally Allen!

Sally joined the Trust board in January. She has extensive experience in finance and school business management, over 29 years in various roles, including Business Manager at Cosby Primary, and is currently Director of Finance and Operations at Wigston Academies Trust, Leicestershire.

Sally co-chairs the TELA Business Managers Network, is a Specialist Leader in Education and has fellowship status with the Institute of School Business Leaders.

Welcome back to Success AT, Sally!



We are delighted to have been **awarded local authority funding to build a Communication and Interactions SEND Unit at Thomas Estley**. The unit will eventually house up to fifteen young people with Communication and Interaction needs, who will benefit from access to some mainstream provision whilst also having a home base which provides nurture, wellbeing support and specialist teaching to ensure their success. We are passionate about inclusion and success for all, across the whole Trust, and we are really looking forward to this integrated, personalised provision.

Building Wellbeing Together

Since the foundation of our Trust, we have worked to prioritise pupil and staff wellbeing as a core foundation of our work.

Pupils benefit from a range of universal and targeted provision in every one of our schools and preschool, and we have been pleased to be awarded Route to Resilience accreditation across the Trust, to share best practice through the Thomas Estley Wellbeing Zone and the Richmond Place To Be centre, and to speak about our work around wellbeing at regional and local conferences over the last few years.

Staff benefit from a wellbeing entitlement, including annual personal career planning, an annual wellbeing audit, access to continual development opportunities including nationally accredited courses and our own TELA NPQs, talent management / cross phase working opportunities across the Trust and a range of fun activities like the annual Stressbuster Week, and lots of opportunities to socialise and exercise.

The Trust Wellbeing Entitlement



Supporting Staff Wellbeing



Building Leadership and Character Together



"To thrive, living a balanced life means nurturing the academic, physical, and spiritual aspects of my life and creating a sense of well-being and self-esteem."
— Denise Maitland



"Wellbeing is the complete integration of body, mind, and spirit. The mission is that everything we do, think, feel, and believe has an effect on our state of wellbeing."
— Greg Anderson



Focus on Children's Mental Health

Children from every class at Richmond Primary were able to contribute ideas and designs to the Feel Good Wood, created this half term on site and pictured here. Different elements of the wood reflect different feelings and needs, from a School for Worry Monsters to a Loneliness Tree.



The Feel Good Wood at Richmond Primary

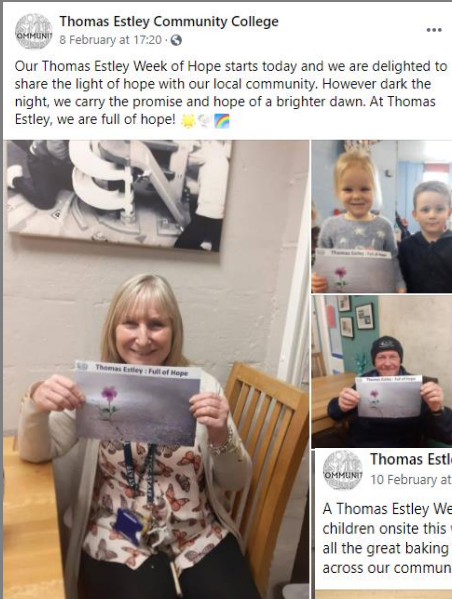


Building Wellbeing Together












We are committed to work across our Trust to target school and community wellbeing, **shining light together into despair, poor health and isolation**, learning from each other and involving our Success AT communities.

The Week of Hope – February 8-12 2021

Cosby and Hallbrook Primary Schools launched a menu of wellbeing activities, pictured below, for children and staff onsite and at home. Thomas Estley Community College planned wellbeing activities, some pictured right and below, for secondary children onsite and at home, preschool, primary out of school club and The Centre.



At Cosby, Hallbrook and Thomas Estley Community College and Preschool, we scheduled a Week of Hope to draw tired children and adults away from screens and long working hours and replace them with wellbeing activities.

Daffodils of Hope Make daffodils to 'plant' in your front gardens. Knit, crochet, colour, paint or sculpt daffodils to go in your window. 	Tree of Hope Create messages of hope and hang them on a tree. 	Seeds of Hope Plant seeds and look forward to seeing them flower. 	Heroes of Hope Create a fact file about someone who has brought hope into the world. Captain Sir Tom, "Tomorrow will be a good day." 
A Walk of Hope Go out and enjoy the outdoors, look for signs of spring! 	Where Flowers bloom, so does Hope. 		
A Creation of Hope Create a hope themed collage, painting, poster or finger painting. Illustrate a quote or saying about hope. Make something beautiful out of something ordinary. 	A Week of Hope 8 th – 12 th February 2021 Choose some activities to do each afternoon... we would love to see photos, pictures or videos of what you choose to do! 		
An Expression of Hope Write a letter or poem expressing your hopes and dreams for life after the pandemic. 	Stories of Hope Read or create a story together. 	Symbols of Hope Explore different symbols of hope butterflies in some Native American cultures, dove, rainbow, anchor, lighthouse. Make a fridge magnet using a design containing a symbol of hope. 	A Performance of Hope Create something to perform – could be a piece of music, a dance, a song or a video animation. 